

Massage & Myotherapy Australia 15th National Conference call for Abstracts

The Matrix of Bodywork – where do I fit in?

Canberra Convention Centre Canberra Australia

24 – 26 May 2019

Pre Conference Workshops 24th May 2019

Conference 25 and 26th May 2019

The theme of the 2019 Conference is the broad and deep range of practise across bodywork in Australia. The diversity of the profession remains to be fluid and flexible, whilst operating in a structured health care system. This dichotomy can bring both disillusion and opportunity depending on your view, how you value what you do and what part of the future you want to take.

The structure of the 15th national conference will deviate from previous conferences entertaining four dedicated streams and six plenary sessions. The National Conference Committee is now opening calls for session submissions.

Plenaries

Plenaries can either support or argue against the theme. They can cover future trends such as practice, industry, techniques, workforce movements, or something from left field, as long as it addresses the main theme.

Stream 1 – Science & Evidence

This stream is steered towards research in practice, evidence that translates to practice or findings in the use of techniques on particular population groups that have some substantive evidence behind them. Further, trends in employment or integration with particular specialised areas, such as oncology work, post traumatic trauma, scar tissue or particular populations or effective assessment protocols. These are examples only, the topic is endless but the evidence must be there.

Stream 2 – Blending Boundaries

This stream is for practise and/or techniques that blur the edges of evidence or are based on a particular previously established theories. Myofascial slings and trigger points are examples. The technique may not be widely accepted at either end of the continuum of practise yet has been found to have compelling results for the client.

Stream 3 – Master Class

The master class stream is open to any topic, it must however take practitioners on a path past their current leaning and higher than what would be delivered at the Advanced Diploma level. Members of all skills level can attend these sessions. The aim is to extend both thought and practice in the therapists' daily dealing with clients. The topics are limitless, however presenters must be able to deliver across a broad range of learners.

Stream 4 – Somatic

The gentle art of somatic work is to be celebrated at this conference, designed to show diversity of practice and the direct and indirect benefits of somatic work. This stream is not solely for somatic workers but for therapists that want to challenge themselves in another area of practise that may

bring additional tools to their practice. This may be management of the fear of pain or different non-contact styles of therapy as examples.

Pre Conference Workshop

A preconference workshop can address any topic as long as the presenter has the ability to work towards the overall theme of the conference.

Duration

Plenaries are 45 minutes

Stream 1	30 or 60 minutes presentation
Stream 2	60 or 90 minutes blended workshop of practice & theory
Stream 3	45 or 120 minutes blended workshop of practice & theory
Pre Conference	5 hours teaching of blended workshop of practice & theory

Presenters

Presenters are not limited to submitting for a single stream. You may make as many submissions as you like. Submissions must be supported with evidence of previously delivered conference, workshop or presenting experience including a full curriculum vitae. Presenters may also provide links to any online video of previous presentations for the Committee to review.

The decision of the Committee will be final. Offers will be made with presenters once an initial round of selection has been made. The Committee has the right to refuse any submission.

Submissions must be made using the appropriate form and will remain confidential until the program is released.

All submissions must be received by Massage & Myotherapy Australia no later than close of business, **Monday 30th July 2018**. All submissions and communication with Massage & Myotherapy Australia are to be confidential.

Submission Instructions and Abstract Form

Abstracts **must** be submitted as a Word file. You can submit several abstracts at the same time and/or add abstracts later on before the closing date.

Important: the uploaded Word file(s) **must** contain in the following order:

- Title of abstract
- Which Stream and Duration
- Presenter and affiliations
- Introduction and relevance to theme
- Purpose or Aim of the session
- Materials required and Methods
- Expected Results or outcomes
- Conclusion(s)
- Reference(s) if applicable
- TGA compliance for product if used

Your Details :

Name			
Address			
Business Name		ABN	
Telephone			
Email			
Website			

Submission Details :

I am making a submission for :	Choose one session type.
Duration of Session (minutes):	

Title
Introduction
Purpose/Aim
Methods Used

Materials Required
Results or Expected Outcomes
Conclusion
References
TGA Reference
